



SHROPSHIRE COUNTY CRICKET CLUB

Concussion Guidance

This guidance is intended to assist in the recognition and management of concussion.

Concussion is a complex and potentially significant brain injury and must be taken seriously.

Common symptoms reported by players include:

Headache/ Nausea or vomiting /Dizziness or blurred vision/ Concentration or memory problems/ Just not “feeling right”.

Signs observed by others:

Appears dazed or stunned/ Moves clumsily/ Unsure of match opponents or result/ Forgets an instruction/ Loses consciousness/ Shows mood, behaviour or personality changes/ Answers questions slowly/ Can't recall events after hit or fall.

Anyone suspected of having concussion will need to leave the field immediately for a full assessment and formal diagnosis carried out by a medical professional at the earliest opportunity. Attend the nearest A&E or GP immediately.

The brain takes time to recover so the player should not return until they are cleared by a medical professional to do so.

A graded return must be followed once symptom free. The length of which should be advised by a qualified medical professional.

For full guidance please follow the following link

[ECB Recreational Cricket Concussion Guidelines](#)